



**NSS COLLEGE OTTAPALAM**  
AFFILIATED TO UNIVERSITY OF CALICUT

## Criterion VII

# Institutional Values and Best Practices

### 7.2. Best Practice



# **NSS COLLEGE OTTAPALAM**

**AFFILIATED TO UNIVERSITY OF CALICUT**

## **BEST PRACTICE 2**

### **INCLUSIVE EDUCATION AT NSS COLLEGE OTTAPALAM**

**Title of the Practice: INCLUSIVE EDUCATION AT NSS COLLEGE OTTAPALAM**

**Objectives of the Practice:**

The main goal is to support inclusive education by attending to the needs of individuals of all sectors, including Divyangjan and students from minority communities. At the time of enrolment, the institution seeks to identify these students, offers the assistance they require, and makes sure they participate in regular academic activities. The approach, which emphasizes equitable opportunity for all, is consistent with both governmental goals and educational ideals. Empowering people from all societal sections by education is the fundamental idea.

**The Context:**

In the educational setting, some people are unable to compete because of social or physical limitations. Understanding the value of inclusivity, NSS College Ottapalam works to give students more support. The approach helps students who are in need of support be integrated into regular educational settings and solves the difficulties they confront.

**The Practice:**

**1. Support to Female Students:**

The institution accommodates more than 75% female students in the campus. The college is also an educational abode for female students from weaker socio-economic rural backgrounds. The Ladies Hostel supports the fulfilment of the objective to support female students from socially and economically backward sections.

**2. Support to Students from Marginalized Communities:**

The College ensures intake of students from communities, including students from Scheduled Castes and Scheduled tribes to 20% sanctioned seats in programmes as per norms of University of Calicut. These students are provided support to avail scholarships

*Assessment Period (2018 – 2023)*



# **NSS COLLEGE OTTAPALAM**

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and freeships to continue with their education. The college takes measures to provide academic support through remedial teaching and mentoring along with appropriate accommodation facilities. With a goal to attain social inclusivity, the college organised a novel initiative of *Ooruvandi* in order to facilitate admission and continuance of education among dropout students from tribal community of Attappady.

### **3. Support to Divyangjan:**

As per the norms of University of Calicut, the Institution takes in Divyangjan candidates to 3% of sanctioned seats in programmes. The college campus is equipped with physical facilities appropriate for the Divyangjan, in terms of seating arrangements, along with accessible restrooms and ramps.

When administering written exams to candidates with physical disability, it complies with UGC requirements and provides accommodations like scribes, readers, or lab assistants.

The institution actively seeks candidate input in order to enhance the inclusion of its teaching methods throughout time.

### **Evidence of Success**

Increased involvement and academic achievements, reduced dropout rates and higher retention rates among students. Governmental agencies, academic authorities, and members of the general public have recognized and commended the college for its dedication to inclusive education. Students from all the sections have been successfully integrated into a variety of academic and extracurricular activities .

### **Problems Encountered and Resources Required**

Financial assistance for keeping accessible facilities and equipment up to date, as well as for recruiting scribes, readers, and other support staff. The administration of the college has demonstrated a consistent commitment to prioritizing inclusive education and allocating resources appropriately.



  
Principal  
N.S.S. College Ottapalam



# **NSS COLLEGE OTTAPALAM**

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## **SUPPORT TO FEMALE STUDENTS**

### **FACILITIES FOR WOMEN ON CAMPUS**

Ensuring all facilities, including classrooms, libraries, and restrooms, are accessible for women fosters inclusivity and equal access to campus resources. Women's Cell offers academic support services like tutoring programs and workshops on study skills and time management. Personalized support catered to each student's unique needs can be provided by tutoring programs, which can aid in the understanding of challenging topics, enhance academic performance, and foster self-assurance. Attending workshops on time management and study skills can provide women with the necessary tools and techniques to prioritize their responsibilities, manage their workload, and optimize their learning capacity. Women's Cell helps to create a more welcoming and encouraging academic atmosphere where women can flourish and accomplish their academic objectives by offering these services. These can empower women to excel in their studies.

In order to provide a living and learning environment that is favourable for female students, residential facilities must have amenities designed with their safety and comfort in mind. Residents might feel safer and more secure knowing that their living area is wellmonitored and guarded thanks to security cameras and controlled access. Adjustable lighting and plenty of storage are two necessities for in-room amenities that help meet tenants' varied demands and preferences. Ample storage guarantees that students have enough room to arrange their stuff and make their living area seem like home, while adjustable lighting enables them to create a pleasant and customized environment for studying or relaxing. Institutions show their dedication to fostering an inclusive and supportive atmosphere by providing residential facilities with these elements.

The Department of Physical Education is doing a fantastic job of meeting the requirements of female students in terms of holistic wellness! Providing classes in yoga, aerobics, and martial arts can help people become more physically fit, reduce stress, and learn how to defend themselves. Participant sense of community can also be strengthened by these

*Assessment Period (2018 – 2023)*



# NSS COLLEGE OTTAPALAM

AFFILIATED TO UNIVERSITY OF CALICUT

activities. To address the many demands of women's health, it is essential to offer services like mental health counselling, legal knowledge, and sexual health education in addition to physical activities. Legal knowledge can give students the confidence to know their rights and ask for assistance, when necessary, while mental health support can help them deal with both personal and academic difficulties. In order to prevent STIs, encourage healthy partnerships, and support informed reproductive health decision-making, sexual health education is crucial.

	
<p>NSS Womens Hostel</p>	<p>Yoga Class</p>
	
<p>Gender equality and access to justice</p>	<p>Martial arts Class</p>





# NSS COLLEGE OTTAPALAM

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## WOMEN CELL INITIATIVES

A Women's Cell is actively functioning in the college to sort out problems of women in the society and college in particular. The cell aims at sensitizing the community on gender issues. Other aims and objectives include giving career guidance to girls, conducting health awareness classes, arranging classes about community living and conducting seminars on issues related to gender. This is a consortium of women students and teachers for their own development and growth. Different activities are organized to motivate and escort them to lead a better life in society. Seminars and talks are arranged addressing common problems and issues faced by women in the present scenario.



  
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Short term Karate course organized in February by Trainer Kumari Athira



Self-Defence Class by Police Department



*Assessment Period (2018 – 2023)*



  
Principal  
NSS College Ottapalam

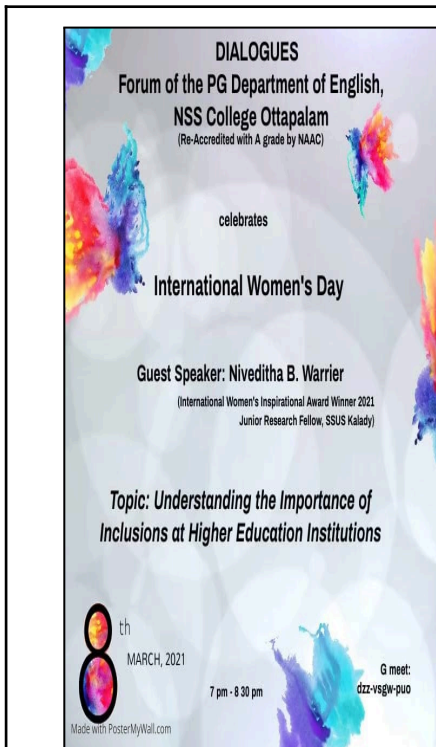


# NSS COLLEGE OTTAPALAM

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## SEMINAR ON GYNAECOLOGICAL DISORDERS

Women cell activities could not be carried out extensively in the context of Covid 19. The program was organized online. Inauguration of Women's Cell, Dr. Gynecologist of Kottaikkal Aryavadyshala took a class on women and health. Conducted by Anitha Vishwambaran.



**എൻ.എസ്.എസ് കോളേജ്, ഒറ്റപ്പാലം**  
**മലയാളവിഭാഗം, വിമൻസെൽ**  
**\*വനിതാദിനാചരണം\***

8/3/2021.11AM  
 പ്രദർശനം: ശ്രീ.ശിവപ്രസാദ്.പി  
 (കവി, അധ്യാപകൻ, ഗവേഷകൻ)

**WEBINAR VIA GOOGLE MEET**

**\*എല്ലാ അസ്സാപക അനുസ്മരണങ്ങളും വിദ്യാർത്ഥികളുടെയും പങ്കാളിത്തം പ്രതീക്ഷിക്കുന്നു.\***



പ്രിയരേ,  
 ഒറ്റപ്പാലം എൻ.എസ്.എസ് കോളേജ് മലയാളവിഭാഗത്തിന്റെയും വിമൻസെൽ സെല്ലിന്റെയും സംയുക്താഭിമുഖ്യത്തിൽ എൻ.എസ്.എസ് കോളേജ് വിദ്യാർത്ഥികൾക്കായി 2021 മാർച്ച് 8 ന് വെബിനാർ രചനകളുടെയും സി രചനകളുടെ പ്രസക്തിയെക്കുറിച്ചും അതിലുൾക്കൊള്ളുന്ന സംഘർഷത്തെക്കുറിച്ചും അന്വേഷിക്കുകയാണ് വെബിനാറിന്റെ ലക്ഷ്യം.  
 സ്റ്റേറ്റ് പ്രസിഡന്റ്:  
**ഡോ. ആർ. രാജേഷ് (പ്രിൻസിപ്പാൾ)**  
**ഡോ.കെ.ബി. സുബിത (അദ്ധ്യക്ഷ, മലയാള വിഭാഗം)**  
**ഡോ.ഇ.എം.സുരേഷ് ( വിമൻസെൽ കോഓർഡിനേറ്റർ)**







# NSS COLLEGE OTTAPALAM

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## AWARENESS ON GENDER EQUALITY

On 3.3.2022 Women Cell Coordinator Dr. E. M. Suraja took an awareness class on Gender Equality. On Women's Day, a health seminar was organized. PK Das Hospital, Vaniyankulam, took classes on women and social health. Dr. Ramila Sanya from PK Das Medical College Community Department performed the inauguration. A seminar was organized with the collaboration of Women and Child Development Department.



*[Signature]*  
Principal  
NSS College Ottapalam

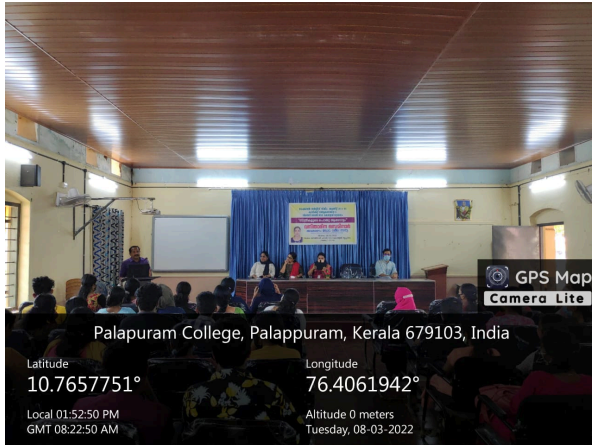


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## SEMINAR ON WOMEN EMPOWERMENT AND HEALTH

Women Cell organized a Health Seminar with the aim to raise awareness of care of adolescent girls, women empowerment and women's health through Vaidyaratnam Ayurveda Oushadhasala. Dr. E.M. Suraja (Women Cell Coordinator) welcomed and Smt. Sreeja Gopal also thanked Prof. Dr. R. In the seminar inaugurated by Rajesh (Principal), Dr. Shruti Sathyan (Ayush Ayurveda Hospital, Ottapalam), Dr. Ramya Sivadas also took the sessions.







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## ANTI-DOWRY CAMPAIGN

The Department of Commerce, in association with District Legal Services Authority, Palakkad, organised a session on the Anti-Dowry Campaign on 27th July 2021. The session was led by Smt Anupama V.G., SubJudge, DLSA Palakkad and Adv. Lakshmi M.L.

The poster features the following elements:

- Top Left:** Government of India logo with the motto "Satyameva Jayate" and "ACCESS TO JUSTICE FOR ALL".
- Top Center:** "SAY NO TO DOWRY SAVE WOMEN" in large green and yellow letters.
- Top Right:** "STOP AND DOMESTIC VIOLENCE" logo with a woman's silhouette.
- Center:** "DISTRICT LEGAL SERVICES AUTHORITY, PALAKKAD" and "ANTI DOWRY CAMPAIGN" in blue text. Below this is an illustration of a hand holding a gavel and another hand holding a red bag with a rupee symbol, with the text "Stop Dowry". To the right is a cartoon woman in a yellow sari with "DOWRY" written on her chest.
- Bottom Section:** Three circular portraits of the participants:
  - WELCOME:** Smt. Geetha K, Asst. Prof & HOD, Department of Commerce, NSS College Ottapalam.
  - INAUGURATION:** Smt. Anupama V.G, Secretary (Sub Judge), DLSA Palakkad.
  - RESOURCE PERSON:** Smt. Lakshmi M.L, Advocate, Palakkad.
- Date and Time:** 27/07/2021 11:00 AM in a green box.
- Participants :-** NSS COLLEGE OTTAPALAM logo and Google Meet link: <https://meet.google.com/yjs-kqbn-yml>.
- Contact Info:** Email: dlsapkd@gmail.com, Ph: 9188524181.



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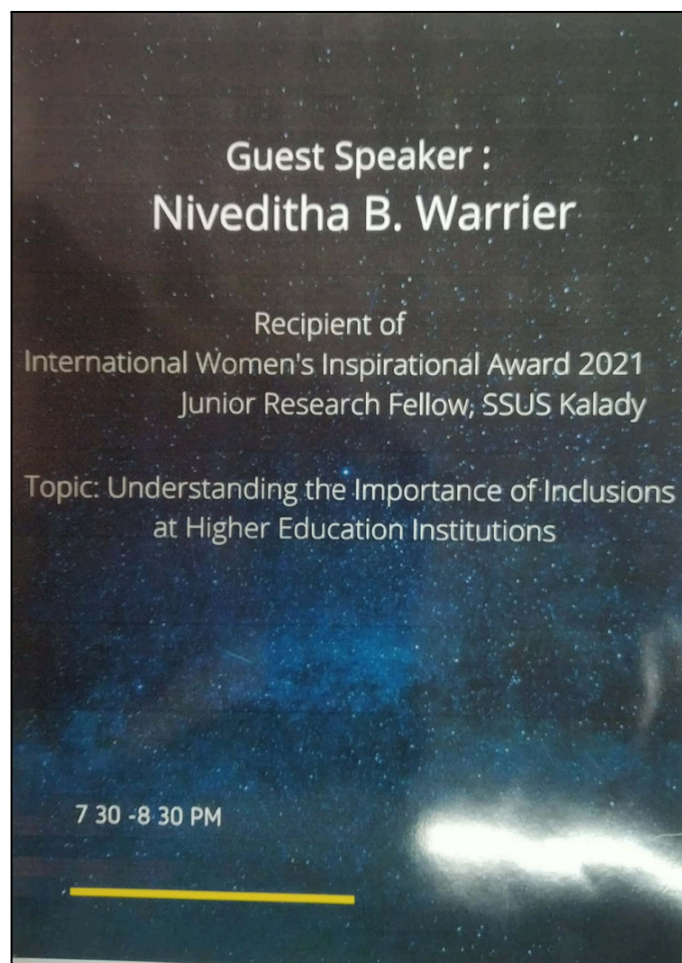


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## INTERNATIONAL WOMEN'S DAY CELEBRATION 2021

The Department of English and Dialogues (Department of English Club) conducted a talk on “Understanding the Importance of Inclusions in Higher Education Institutions” by Ms. Niveditha B. Warriar, recipient of International Women’s Inspirational Award 2021 on 08th March 2021 on the occasion of International Women's Day 2021.



  
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# **NSS COLLEGE OTTAPALAM**

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## **SUPPORT TO STUDENTS FROM MARGINALIZED COMMUNITIES**

### *1. OORUVANDI INITIATIVE*

Beyond conventional educational endeavors, the college's aim to actively interact with indigenous students and their families demonstrates a holistic approach to community development. Recognizing the interdependence of social, economic, and environmental elements in attaining sustainable development, the program seeks to close the educational gap and empower the tribal people via education. The “Ooruvandi” program appears to be a potent illustration of a college's dedication to community development and social emancipation. Uplifting vulnerable groups is a priority, especially in tribal areas like Attappadi, and shows a commitment to tackling structural injustices and pursuing social justice. These programs frequently take a multimodal approach, incorporating cultural preservation, healthcare, economic empowerment, and education that are all customized to the unique requirements and circumstances of the community. Through active involvement with local stakeholders, such as community leaders and members, the project can guarantee that its interventions are culturally aware, long-lasting, and genuinely beneficial. The “Ooruvandi” project not only immediately helps the communities it serves, but it may also offer educators and students involved in its worthwhile learning opportunities that deepen their comprehension of social concerns and motivate them to become future leaders dedicated to social change. All things considered, programs such as “Ooruvandi” show how important a role educational institution can play in furthering social justice and improving the lives of neglected populations.



  
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3HHF+JFR Muneeb Chevidikkunnan Bridge, Mannarkkad - Anakkatti Rd, Seenkara, Attappadi, Kerala 678582, India

Latitude 11.066533333333332° Longitude 76.57284°  
Local 02:07:37 PM Altitude 542 meters  
GMT 08:37:37 AM Saturday, 06.05.2023



ഒറ്റപ്പാലം എൻഎസ്എസ് കോളജിൽ നിന്നു വിട്ടുപോയ ആദിവാസി വിദ്യാർത്ഥികളുടെ സാഹചര്യങ്ങൾ മനസ്സിലാക്കുന്നതിനു പ്രിൻസിപ്പലിന്റെയും അധ്യാപകരുടെയും നേതൃത്വത്തിലുള്ള ഊരുവണ്ടി അഗളി മിനി സിവിൽ സ്റ്റേഷനിൽ നിന്നു പുറപ്പെടുന്നു.



4M44+83F, Agali, Kerala 678581, India

Latitude 11.0796419° Longitude 76.626289°  
Local 12:35:18 PM Altitude 530 meters  
GMT 07:05:18 AM Saturday, 06.05.2023

## കൊഴിഞ്ഞുപോയ ശിഷ്യരെ തേടി എൻഎസ്എസ് കോളജിന്റെ ഊരുവണ്ടി അട്ടപ്പാടിയിൽ

അഗളി • ഒറ്റപ്പാലം എൻഎസ്എസ് കോളജിലെ പഠനത്തിനിടയിൽ കൊഴിഞ്ഞുപോയ ആദിവാസി വിദ്യാർത്ഥികളെ തേടി പ്രിൻസിപ്പലിന്റെയും അധ്യാപകരുടെയും നേതൃത്വത്തിൽ ഊരുവണ്ടി അട്ടപ്പാടിയിലെത്തി. 2017ന് ശേഷം ബിരുദ ബിരുദാനന്തര കാഴ്ചകളിൽ ഉണ്ടായിരുന്ന ശിഷ്യരുടെ സാഹചര്യങ്ങൾ മനസ്സിലാക്കാൻ ആവിഷ്കരിച്ച 'ഉണ്ണിയെത്തേടി ഊരിലേക്ക്' പദ്ധതിയുടെ ഭാഗമായാണ് യാത്ര. ഊരിലെല്ലാ സാമൂഹിക അവസ്ഥ നേരിട്ടിരുന്നവർക്കു ലക്ഷ്യം. പഠനം ഉപേക്ഷിച്ചവർക്കു തുടർ പഠനത്തിന് അവസരമൊരുക്കാനും. പഠിച്ചിറങ്ങിയവർക്കു ജോലി ലഭിക്കാനും. യാത്ര സംഘാടനം എത്തിവരുടെ പിന്തുണയുണ്ട്. ഇന്നലെ അഗളി മിനി സിവിൽ സ്റ്റേഷനിൽ ഐടിഡിപി അസി. പ്രോജക്ട് ഓഫീസർ കെ.എ. സാദിഖ് അലി ഉദ്ഘാടനം ചെയ്തു. ടിഇഒ പ്രിൻസ് റഷീദ്, എസ്ടി പ്രമോട്ടർ ശ്യാംകുമാർ എന്നിവർ പ്രസംഗിച്ചു. പ്രിൻസിപ്പൽ ഡോ. കെ.സജീവ്, അധ്യാപകരായ സി.വിജയഗോവിന്ദൻ, സി.വൈശാഖ്, ഡോ.ടി.പി.വിജേഷ്, കെ.പ്രശാന്ത് എന്നിവരാണ് സംഘത്തിലുള്ളത്. കൊല്ലംകടവ്, ഒസത്തിയൂർ, കുക്കംപാളയം, ചാളയൂർ ഊരുകളിൽ വിദ്യാർത്ഥികളുമായി സംവദിച്ചു. കോവിഡ് കാലത്തെ ഓൺലൈൻ പഠനവും താൽപര്യമുള്ള വിഷയങ്ങളിൽ പ്രവേശനം ലഭിക്കാനും കൊഴിഞ്ഞുപോയവർക്കും



Principal  
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# NSS COLLEGE OTTAPALAM

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## 2. POST MATRIC SCHOLARSHIP FOR MINORITIES

scholarships.gov.in/fresh/confirmOTPSchemeSaction.action

Tue Mar 05 15:23:54 IST 2024 For Academic Year 2023-24 | Home | [A](#) | [A](#) | [Hindi](#)

**National Scholarship Portal**  
Ministry Of Electronics & Information Technology  
Government of India

**HOME**

Scheme-Wise list of Applicants processed for Scholarship

Academic\_Year : 201920  
Ministry Name : Ministry of Minority Affairs  
Scheme Name : POST MATRIC SCHOLARSHIP SCHEMES MINORITIES CS  
State Name : KERALA  
District Name : PALLAKKAD  
Record Range : < 10000

Show **10** entries Search:

Sr no	School Name	Class/Course	Application Id	Student Name	Father Name	Religion	Category	Gender	Amount pushed to PFMS
07	NSS COLLEGE, OTTAPPALAM	BACHELOR OF SCIENCE(COMPUTER SCIENCE)	KL20171800379803	SUHAILALAVIP	P MAMUKUTTY	Muslim	OBC	Male	8000.00
236	NSS COLLEGE OF ENGINEERING, AKATHETHARA	BACHELOR OF TECHNOLOGY(CIVIL ENGINEERING)	KL201810001927408	UNAISA U	USSANAR V	Muslim	OBC	Female	8000.00

Generated On Tue Mar 05 15:23:54 IST 2024

Showing 1 to 2 of 2 entries (filtered from 984 total entries)

Previous  Next

Activate Windows  
Go to Settings to activate Windows.



*[Signature]*  
Principal  
NSS College Ottapalam





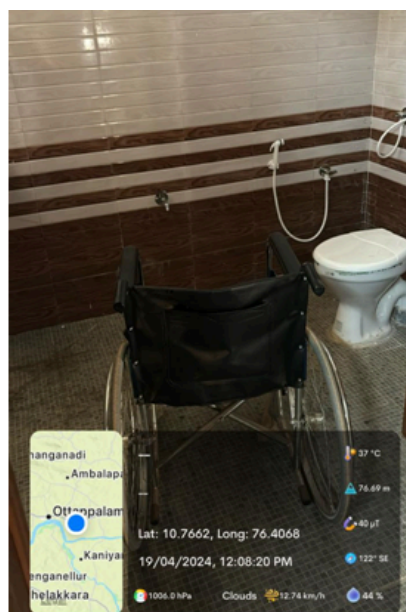
# NSS COLLEGE OTTAPALAM

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## SUPPORT TO DIVYANGJAN

### FACILITIES FOR DIVYANGJAN

For Divyangjan, the college provides very extensive amenities (those with impairments). For students with mobility impairments to be able to move around the campus comfortably and independently, accessible facilities featuring tactile paths, wheelchair access, and ramps are essential. Furthermore, making sure that restrooms, classrooms, libraries, and other spaces are made accessible for students with disabilities fosters an inclusive learning environment where all students are able to fully engage in extracurricular and academic activities. In addition to providing physical infrastructure, universities should also make sure that students with disabilities have equal access to academic success by providing support services including note-taking help, assistive technology, accessible transportation, and exam accommodations. In addition to fulfilling legal obligations, offering these tools promotes diversity and inclusivity among college students.



  
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# NSS COLLEGE OTTAPALAM

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## PMS FOR STUDENTS WITH DISABILITY

scholarships.gov.in/fresh/confirmOTPSchemeSaction.action

Scheme-Wise list of Applicants processed for Scholarship

Academic\_Year :202021  
Ministry Name :Department of Empowerment of Persons with Disabilities  
Scheme Name :POST MATRIC SCHOLARSHIP FOR STUDENTS WITH DISABILITIES  
State Name :KERALA  
District Name :PALAKKAD  
Record Range :

Show 10 entries Search: nss college ottapalam

Sr no	School Name	Class/Course	Application Id	Student Name	Father Name	Religion	Category	Gender	Amount pushed to PFMS
34	NSS COLLEGE, OTTAPPALAM	BACHELOR OF COMMERCE(COMMERCE)	KL202021005603582	VISHNU K N	KRISHNANUNNI	Hindu	GENERAL	Male	10350.00
62	NSS COLLEGE, OTTAPPALAM	BACHELOR OF COMMERCE(COMMERCE)	KL202021007288761	MOHAMMED AMEEN R	S M MOHAMMED RAFAEK	Muslim	OBC	Male	10350.00

Generated On Fri Mar 29 11:32:35 IST 2024

Showing 1 to 2 of 2 entries (filtered from 155 total entries) Previous 1 Next



  
Principal  
N.S.S. College Ottapalam