

N.S.S. COLLEGE, OTTAPALAM



WALK WITH A SCHOLAR PROGRAMME 2018-19

ANNUAL REPORT 2018-19

CO-ORDINATOR: Ms. DEEPTHI C

Walk With a Scholar (WWS) Programme is part of the ‘New Initiatives in Higher Education’ started by the Department of Collegiate Education, Govt.of Kerala. The scheme is built around the concept of mentoring- the mentor as a “Guide and Friend”. The scheme aims at giving essential orientation for undergraduate students, to prepare them for higher education, research or employment. The mentoring schemes are planned to help the scholar identify the opportunities available for them, the areas suitable for them, the manner in which the scholar should proceed and evolve ways by which they can be acquired.

College Co-ordinator:

The College Council, which acts as the Monitoring Committee for the New Initiatives, selected Ms.Deepthi C, Assistant Professor, Department of English as the Co-ordinator for the academic year 2018-19.

Internal Mentors:

The following teachers from various departments were selected as Internal Mentors for 2018-19 batches.

SECOND YEAR				
Sl.no	Name	Designation with Subject	Mobile number	Email ID
1.	Dr.Sajeev K	Assistant Professor in Hindi	9446165194	drsajeevkpcta@gmail.com
2.	Ms.Nayana K	Assistant Professor in Physics	9446545949	nayanarachana@yahoo.co.in
3.	Ms.Swapna K	Assistant Professor in Commerce	9846058932	swapnakunnath@gmail.com
4.	Ms.Preethi N	Assistant Professor in Zoology	9846300635	vijaypreethi09@gmail.com
5.	Dr.Bindu U	Assistant Professor in Chemistry	9447825660	bindu.unni15@gmail.com

FIRST YEAR				
Sl.no	Name	Designation with Subject	Mobile number	Email ID
1.	Ms.Aneeshya V	Assistant Professor in English	9497823983	aneeshyavijayakumar@gmail.com
2.	Ms.Sreeja Gopal	Assistant Professor in Economics	9446618866	sreejagopal1@gmail.com
3.	Mr.Rahul V Kumar	Assistant Professor in Economics	8547721599	rahul.vkumar@gmail.com
4.	Mr.B Saravanan	Assistant Professor in Mathematics	9061271642	saravananbs82@gmail.com
5.	Ms.Rekha Menon P	Assistant Professor in Commerce	8089775839	prekhamenon@yahoo.co.in

Selection of Scholars:

A total number of thirty students from the first and second year undergraduate programmes are selected for WWS. The students were informed about the scheme through class tutors. Because of the large number of applications received, it was decided to conduct an aptitude test for screening and selecting the students. Thirty students from First year UG and thirty students from Second year UG were selected to be a part of the programme. A group of six students were allocated to each internal mentor.

Name	Course	Mentor
Soorya N K	II B A History	Dr Sajeer K
Pratheek Krishnan	II B A English	
Vidya T	II BSc Botany	
Sujith A	II BSc Physics	
Sreehari S	II BSc Botany	
Varsha P	II B A Hindi	

Name	Course	Mentor
Vignesh P Venkitesh	II BSc Maths	Ms.Nayana K
Pranav P	II BSc Physics	
Sooraj Nair	II BSc Physics	
Neeraja K R	II BSc Physics	
Shabna M K	II BSc Physics	
Vishnu KT	II BSc Physics	

Name	Course	Mentor
Jyolsna V	II B A Economics	Ms.Swapna K
V.M.Priyada	II BSc Maths	
Farida Mohammed	II B A English	
Sanjay Mohan N M	II B A English	
Elsa joseph	II B A Economics	
Sneha M	II B A Malayalam	

Name	Course	Mentor
Roopak M R	II BSc CS	Ms.Preethi N
Akhila M	II B A Economics	
Anugraha B	II BSc Zoology	
Ameena Kollath	II BSc Chemistry	
S Suthara	II B A English	
Arpitha Unni	II BSc Zoology	

Name	Course	Mentor
Aswini N	II BSc Maths	Dr.Bindu U
Vishnu R Nair	II BSc Maths	
Anjana C	II BSc Maths	
Abhijith K A	II BSc CS	
Parvathy E M	II BSc Physics	
Sruthi O T	II BSc CS	

Name	Course	Mentor
Nandha M R	I BSc Maths	Ms.Aneeshya V
Rumeh Mustafa	I BSc Physics	
Abhijith Mohan	I BSc Zoology	
Athira M	I BSc Maths	

Aparna P Marar I BSc Botany
Sneha M I B A Economics

Name	Course	Mentor
Niranjana K P	I B A English	Ms.Sreeja Gopal
Akash	I BSc Chemistry	
Akhil V	I BSc Physics	
P.S.Meenakshi	I B A English	
Anagha Suresh	I B A English	
Aiswarya Rajan	I BSc Chemistry	

Name	Course	Mentor
Athira R	I B A English	Mr. Rahul V Kumar
Mohammed Shahabas Ali	I BSc Maths	
K Govind	I BSc Maths	
Mathews B Cheruvelil	I B A English	
Anagha PN	I BSc Physics	
Praveena V	I BSc Zoology	

Name	Course	Mentor
Midhun Narayanan	I BSc Physics	Mr.B Saravanan
Rohith Murali	I BSc Maths	
Noorbina Sulthana	I BA English	
Shibila C	I BSc Chemistry	
Vishnu Das T	I BSc Physics	
Arun Menon K	I BSc Physics	

Name	Course	Mentor
Shreya Paul	I BSc IC	Ms.Rekha Menon P
Anupama V Menon	I BSc Physics	
Ranjith K	I B Com	
Ansara A R	I BSc Chemistry	
A. Athira	I BSc Zoology	
Sanjay P	I BSc Physics	

Each Internal mentor was asked to engage 10 sessions during week days or weekends, depending on the convenience of the mentors and mentees. Dr..Bindu U, Assistant Professor of Chemistry and Ms.Sreeja Gopal , Assistant Professor of Economics attended the district wise Induction/Orientation programme for Internal Mentors held at Govt.Victoria College, Palakkad. The modules for mentoring provided by the State team were passed on to the Mentors.

External Mentors:

Each college was asked, by the State Co-ordinator WWS, to submit a list of External Mentors. People from various walks of life who have excelled in their respective areas were identified. The college submitted a list of 14 names, and all of them were incorporated in the District wise External Mentors list provided by the State Co-ordinator. External mentors from the Palakkad, Malappuram and Thrissur Lists were invited to hold sessions in the campus.

External Mentoring Sessions were started in January. The Inaugural Session was engaged by Dr.Sarin P IAAS, Former Dpty CAG. It was an extremely invigorating session on identifying one's target in life and working to achieve it. The speaker gave examples from his life, the road to Civil Service. The students were enthused after the session.

Inspite of a number of limitations, the WWS team of the college was able to organise fifty sessions on varied subjects in this academic year. Civil Services Orientation was a Major area and Eminent Civil Servants like Mr.Lipin Raj IRPS, Mr.Jyothis Mohan IRS et al addressed the mentees.

English language communication and achieving fluency in the language was another thrust area. For handling this topic Prof.Abdul Ali, Former HOD English, MES Kalladi College, Mannarkkad , Ms.Swapna Vinod ,Communicative English Trainer and Mr. Abdul Latheef Naha , Correspondent, The Hindu were invited .

The students were given an idea about life skills and goal setting with the sessions handled by Ms.Anitha M.P, Freelance Counselor, Mr.Ashok Nemmara, Mr.C.K Suresh , Director ATMA(Attitude Training and management Associates) and theatre artist and Director Mr. M.U.Praveen.

Stress Managemnet was another are essential for teenagers. Mr.K Gopalan, Asst.Professor, HPK College of Teacher Education gave students tips to overcome stress, especially during exams.

The mentees got to know about the possibilities of new career paths like start ups and the basics of entrepreneurship in a session by Mr.Shahul Hameed, Product Engineer, entri.me.

But one of the most inspiring sessions held this year was the one by Mr. Ajay Balachandran. Even after being a quadriplegic Mr.Ajay came to the college to talk to the mentees and opened a new world of possibilities. He encouraged the mentees to overcome hurdles and work hard to achieve their goal.

Details of the date and time of the sessions in Appendix I.

State Motivation Camp:

The State Motivation Camp, Kozhikode Zone was held at University of Calicut Campus, Thenhippalam, Malappuram from 4th to 6th of February 2019. Arpitha Unni,

II BSc Zoology was selected to represent the college in the camp. She was really happy to meet her counterparts from various other colleges. Being a civil services aspirant, this was an opportunity for Arpitha to interact with eminent personalities and also hone her skills.

Mock Test/GD/Interview:

A team from CARE, an agency involved in recruitment and training was invited to conduct the mock test and GD for the second year mentees. An aptitude test modelled on Competitive exams was conducted. The mentees were then divided into groups and given topics of contemporary relevance to debate on. A personal interview was also conducted by the team. The students found the session extremely useful. They were also given tips for preparing their resume.

Study Materials:

Books for Competitive Exam preparation, general reading, improving language fluency, books on personality development etc. were purchased. The books are stocked in the College Central Library and are available exclusively to the WWS mentees. Separate Stock and Issue registers are maintained for this. Mentees were also given a Mathrubhumi English Yearbook 2019. Each mentee was also given basic stationery, a notebook and a pen.

Evaluation of the Programme:

The External mentoring sessions helped to sharpen various skills of the mentees. It also enabled them to fix a target and work hard to achieve it. The mentoring sessions aided the mentees to stay focussed and motivated them to dream big. The framing of time table for the programme was the greatest challenge faced by the internal mentors due to the tight scheduling of academic activities under semester system. Still, the internal mentors played their part well under these constraints and tried to complete the mentoring sessions on time.

APPENDIX I

Sl No	Name of External Mentor	Date of Class	Session Timings	Total number of Sessions of 1 hr duration
1.	Dr Sarin P IAAS	11.01.2019	1.30p.m-4.30p.m	3
2.	Lipin Raj IRPS	19.01.2019	10a.m- 12 noon	2
3.	Jyothis Mohan IRS	19.01.2019	11.00 a.m-1 p.m.	2
4.	Ashok Nemmara	24.01.2019	2.00 p.m- 4p.m.	2
5.	Swapna Vinod	26.01.2019	10a.m-1p.m 2.00 p.m-4p.m	5
6.	T.M.Abdul Ali	26.01.2019	10a.m- 1.00 p.m; 2.00p.m-4.00 p.m	5
7.	Anitha M P	30.01.2019	1.30 p.m- 4.30 p.m	3
8.	C.K.Suresh	1.02.2019	1.30 p.m-4.30 p.m	3
9.	Shahul Hameed	2.02.2019	10a.m- 1.00p.m; 1.30 p.m – 4.30 p.m	6
10.	M.U.Praveen	2.02.2019	10 a.m- 1.00p.m;1.30p.m- 4.30p.m	6
11.	Anitha M.P	7.02.2019	1.30p.m-4.30p.m	3
12.	Ajay Balachandran	26.02.2019	10 a.m-1.00p.m	3
13.	Gopalan K	26.02.2019	10a.m-1.00 p.m; 2.00-4 p.m	5
14.	Abdul Latheef Naha	26.02.2019	2.00 p.m-4.00p.m	2
			TOTAL	50 Sessions of 1 Hour Duration